

TATLER®

TATLER BEAUTY & COSMETIC SURGERY GUIDE 2020

*Beauty & Cosmetic Surgery
Guide 2020*



Vision of health

At the award-winning Leeds-based clinic Aesthetic Health, Dr Julia Sevi takes a pioneering approach to anti-ageing with individualised holistic treatment plans

SELECTING JUST ONE CLINIC IN which to place your trust can be a challenge. Ideally you would be looking for a centre of excellence setting new standards nationally, transforming the culture in aesthetics through exemplary patient care, innovative leadership and a pioneering holistic natural approach. But how to be sure of finding all that in one place? At Aesthetic Health you can be absolutely certain, because it is the first doctor-led aesthetic clinic to be rated 'outstanding' by the Care Quality Commission.

With a 10-year track record of integrated care, this Leeds-based clinic is no mere northern star, as patients from right across the UK and abroad attest. They have experienced all that director Dr Julia Sevi set out to create: a boutique clinic dedicated to delivering an exceptional standard of innovative, evidence-based care. Nurturing patient experience is key, helped by the fact that Dr Julia and her team absolutely love what they do.



As Dr Julia says, 'The best results come from prescribing the right treatment for each individual; accurate diagnosis is central to care.' The process starts with UltraView, during which the health of all five layers of the face are assessed using combined ultra-sound, 3D and computerised skin imaging.

Of course, only the finest technologies are used, but the clinic's exceptional results come from knowing how best to combine these synergistically for each individual. Furthermore, before a new treatment or combination is offered, it is tested and the results monitored for months to ensure they fulfil Aesthetic Health's exacting standards.

AESTHETIC HEALTH SIGNATURE TREATMENTS

These range from skin-deep to full-body MOT. **AH CuteSkin** combines laser technology from Cutera® with signature Aesthetic Health magic and promises the cutest skin in just nine weeks, without any downtime. Proving that three really is the magic number, this programme involves three cycles of a three-week regimen combining three hero treatments: 1) AH HydraGenesis, a fusion of HydraFacial® and Cutera® LaserGenesis® to reveal smoother, clearer, plumper skin; 2) AH LightYearsAway, a custom-combo of Cutera® Limelight and NdYag lasers to zap pigment, redness and veins; and 3) Cutera Titan® for



Dr Julia Sevi
MBCbB, MBCAM

Dr Julia Sevi is an Aesthetic Doctor specialising in the harmonious combination of aesthetic and wellness medicine, with a focus on health and regeneration both internally and externally.

Infrared skin tightening. Alternatively, there's **AH LifeLift**, a miraculous six-month plan using Ultrasound imaging which guides the choice and order of treatments to deliver multi-layer stimulation. Using Platelet Rich Plasma with Tixel to promote health in the surface layers of the skin, while customised Ultherapy provides a collagen kick in the foundational layers, and micro-filler restores the deepest structural supports. All this combined with nutritional supplements, and the resulting deceleration of cellular ageing and improved tissue health deliver a radiant, lifted face, all with zero downtime.

The clinic's face designers celebrate individuality, respecting your own character and beauty while working with artistry to restore and enhance proportions. They also prioritise health with natural and holistic care, through treatment plans to address aesthetic and wellness needs – health, inside and out. Dr Julia's 25 years in integrated medicine has enabled her to unite all these elements and as a global key opinion leader, her protocols are used worldwide.

'We love to nurture each patient on their journey towards feeling fabulous, delivering regenerative treatments to restore health and confidence,' says Dr Julia.

Reader offer

Tatler readers will receive a complimentary UltraView consultation. The first 10 to book will receive an Alumier EverActive® C&E vitamin C serum to revitalise the skin.



Aesthetic Health, 305 Harrogate Road, Leeds LS17 6PA. For more information, please visit aesthetichealth.co.uk or call 0113 269 7274

Instagram: @AestheticHealthLeeds Facebook: @AestheticHealth1